MENTOR

PHYSICAL

Medical, Dental, and Vision Coverage

Rationale

Optimum health leads to increased productivity and satisfaction on the job, within the family, and in the community.

Objective

Support Deseret Industries associates in improving their health through accessing medical, dental, and vision insurance.

Potential Discussion Items

- Talk to the Deseret Industries associate about the effects of the Patient Protection and Affordable Care Act and the Health Care and Education Reconciliation Act on his or her insurance eligibility.
- Encourage the associate to call 2-1-1 to learn about available medical, dental, and vision services and to discover how to obtain federally mandated health insurance in his or her state.
- Help the Deseret Industries associate complete online or paper applications for insurance.

Suggested Resources

- The Gospel and the Productive Life Student Manual (Church Educational System manual, 2004), chapter 12, "Observing the Laws of Physical Health": http://www.lds.org/manual/the-gospel-and-the-productive-lifestudent-manual-religion-150/chapter-12-observing-the-laws-ofphysical-health?lang=eng.
- Free information on health and human services: call 2-1-1.
- · Health insurance information and marketplace: https://www.healthcare.gov.
- Low-cost prescription glasses (must have a prescription to order): http://www.zenni.com.
- State vocational rehabilitation services (work with the Deseret Industries development counselor to find information about these services in your area).
- Additional online resources:

http://summitmedicalutah.com: Ogden-area medical clinic. http://www.midtownchc.org: Midtown Community Health Centers, serving parts of Weber, Davis, and Salt Lake Counties in Utah. http://www.weber.edu/DentalHygiene/clinic.html: Weber State Dental Hygiene Clinic.

Note: The online resources listed above are specific to northern Utah, but the development counselor can provide you with similar resources for your area.



