# **MENTOR**

#### RESOURCE MANAGEMENT

## **Investigating Community Resources**

#### Rationale

Deseret Industries offers its associates opportunities to act to develop self-reliance and overcome the sense of being acted upon (see 2 Nephi 2:13–14, 26). To do this effectively, Deseret Industries strengthens associates as creative problem solvers as opposed to needy people whose problems we must fix. Associates can solve many problems by investigating and then accessing community resources for themselves. While it is important for mentors to be well acquainted with community resources, associates will benefit most from taking personal responsibility for investigating community resources on their own. Associates will empower themselves as mentors invite them to act in discovering and utilizing the resources they need to survive and thrive as self-reliant individuals.

## Objectives

- 1. Help Deseret Industries associates to investigate and contact relevant community resources.
- Help Deseret Industries associates enroll in programs or obtain assistance offered by community resources. Work with associates in developing the skills to access useful support from community resources.

#### **Potential Discussion Items**

- Help the Deseret Industries associate assess whether he or she is capable of overcoming this barrier on his or her own. If not, what are the best resources for supporting the associate in overcoming this barrier? How can the associate access available resources?
- Discuss with the Deseret Industries associate what he or she could do this
  week to learn more about resources for childcare, healthcare, disability services, food, government benefits, educational opportunities, and so on. What
  resources does the associate know something about?
- Find out what resources the Deseret Industries associate has successfully utilized in the past.
- Invite the Deseret Industries associate to visit local agencies or organizations to ask questions and find solutions to his or her own challenges.

### **Suggested Resources**

- Bridges out of Poverty: Strategies for Professionals and Communities by Ruby K. Payne, Philip E. DeVol, and Terie Dreussi Smith (2006).
- Facilitator Notes for Getting Ahead in a Just-Gettin'-By World: Building Your Resources for a Better Life by Philip E. DeVol (2013).
- A Framework for Understanding Poverty: A Cognitive Approach by Ruby K. Payne (2013).
- Getting Ahead in a Just-Gettin'-By World: Building Your Resources for a Better Life by Philip E. DeVol (2013).
- Bridges out of Poverty: http://www.bridgesoutofpoverty.com.
- Getting Ahead Network: http://gettingaheadnetwork.com.
- Arizona: 2-1-1 (Community Resources). Dial 2-1-1 or visit http://www.cir. org/211arizona.





# MENTOR

- California: 2-1-1 (Community Resources). Dial 2-1-1 or visit http://www.211california.org.
- Idaho: 2-1-1 (Community Resources). Dial 2-1-1 or visit http://www.211. idaho.gov.
- Oregon: 2-1-1 (Community Resources). Dial 2-1-1 or visit http://211info.org.
- Utah: 2-1-1 (Community Resources). Dial 2-1-1 or visit http://www.uw.org/211.
- Washington: 2-1-1 (Community Resources). Dial 2-1-1 or visit http://win211.org.



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